



Good Health Es Tu Poder

Quest Diagnostics

Now more than ever, you have the power to know more about your health and have a choice when it comes to your lab tests. Getting tested is key to protecting your health and Quest Diagnostics® is here for you.

With more than 170 patient service centers located throughout Texas, providing tests for over 3,500 health conditions, Quest makes lab testing easy, safe, affordable and convenient so that you can better manage your health.

Why should you get tested?



Because **lab testing and diagnosis** for early detection and treatment make a **big difference** in successfully managing your health so you can be there for your family.

Why should you get tested now?



Because there are important signals to watch for and be aware of in managing your health, including your family's medical history, lifestyle, and chronic conditions.

Why should you get tested regularly?



Because your body changes as you age. In addition, statistics reveal that Hispanics are exposed to higher risks for certain diseases as a result of the conditions where they work and live. With more than 10 million Hispanics living in the state of Texas, our community is at greater risk.

Cancer accounts for more than



1 in 5 deaths in Hispanics in the US.¹

Hispanics have a higher chance of developing **risk factors** that lead to cardiovascular disease, including:²



High Blood Pressure



Obesity



Diabetes



More than **2.5 million** adult Texans have been diagnosed with **diabetes**.³

1. American Cancer Society, Cancer Facts & Figures for Hispanics/Latinos 2018-2020
2. Texas Department of State Health Services, Heart Disease and Stroke Program, Updated October 2020
3. Texas Demographic Center, Diabetes in Texas, Published December 2018



Why should you get tested at Quest?



Because Quest makes lab tests **easy, safe, affordable, and convenient**.



With more than 170 Patient Service Centers across Texas, it's easy to find a Quest location convenient to your home or where you work, including select grocery store chains.



Protecting your health is more important than ever. At Quest, we utilize enhanced safety protocols to ensure your confidence and comfort while visiting our Patient Service Centers for your testing.



Your tests are likely covered since Quest is a preferred provider of most major health insurance plans.

Good Health Es Tu Poder

You have the power to make the right healthcare decisions for you and your family. Through testing, Quest provides you and your doctor with answers that give you confidence in your health decisions.

Be a part of the movement across Texas for better health for you, your family, and our community. Talk to your doctor about making testing a regular part of your healthcare. Good Health Es Tu Poder.

For more information on getting tested, visit QuestDiagnostics.com/EsTuPoderTexas

Quest Diagnostics Incorporated and its subsidiaries (Quest) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1.844.698.1022. ATENCIÓN: Si habla español (Spanish), tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.844.698.1022. 注意: 如果您使用繁體中文 (Chinese): 您可以免費獲得語言援助服務。請致電 1.844.698.1022.

www.QuestDiagnostics.com

Quest, Quest Diagnostics, any associated logos, and all associated Quest Diagnostics registered or unregistered trademarks are the property of Quest Diagnostics. © 2020 Quest Diagnostics Incorporated. All rights reserved. PP10242 7/2021

